

## CHEERFUL LETTERS HELP THE SOLDIERS

Private Asks Why People Are  
So Stupid as to Write  
Sad Letters.

### MAGAZINES SCARCE

They Read Something Most  
of the Time to Keep the  
Mind Occupied.

"Your letters bring me cheer and help. Some fellows' families write such unpardonably distressing letters, they tell me. How can people be so stupid? It is a mystery to me. Can't they realize that there is enough to depress the boys so far separated from all they love without contributing to their unhappiness?" writes Private John Dunnegan to his father. John Dunnegan is a former student in the University who has been for several months in France. His home is in the Ozarks.

"One day last week our 'generalissimo' was looking over the camp. He was reported to have been well impressed. It is surprising the amount of work that has been done in this camp. It looks as if our efforts were only beginning.

"The haze of autumn has begun to cover the hills of Champagne. I am told the native population consider that one of the early harbingers of fall. The passing days have made my love of country and of you greater than ever before.

#### Tells of Trip.

"Two days ago one of my cronies and I had a pleasant day in a neighboring town. We set out about 9 o'clock, arriving in good time for lunch. The way led along one of the beautifully kept national roads of this land. For almost the whole distance of the eleven kilometers of the way the camp of the different departments of our army extends—an achievement in itself. The long march made us hungry.

"I inquired for the hermitage, a popular place to dine. We left the hot day and entered a delightfully cool, darkened room with only three or four tables. In this quiet and cool we enjoyed a good five-course luncheon. Only one other guest came in while we were there, so we felt very exclusive. There was a white cloth on the table and napkins, the first for me in five months.

"We walked through the very crooked old streets of the town, shopping a bit in some quite pretentious shops. One huge old place three or four stories high has been turned into an American hospital and fellows in lounging robes were loitering out of the high windows, watching passersby.

#### "Seems Far From Home."

"After getting back to camp a good bath greatly refreshed us and that night I slept without waking, an unusual thing for me. One seems very far away from home. But the Australians in France are 15,000 miles from their home-land. I should think they might forget from whence they came.

"One of my friends sits near reading some Russian thing. He has lived in Russia and will go back some day. He has a beautiful command of English and is bright all round. One of the boys amused me by saying that he had not been comfortable since he had been in the army and did not expect to be until he got out. I'm afraid there have been a great many uncomfortable people the last four years.

"I have been reading 'Vie de Jesus,' which I enjoyed much. One tries to keep reading something the most of the time. It tends to keep the mind occupied. There is a paucity of magazines, though books are more abundant. One may get books and packages from London. Uncle Sam provides plenty of clothes and food."

#### KENDRICK PRAISES Y. M. C. A. M. E. ALUMNUS, NOW IN CAMP, COMMENDS WORK DONE AT HOME.

"No one but a soldier can begin to appreciate how much the Y. M. C. A. means to the boys over here," writes Slade Kendrick who was graduated from the University last year and is now with the 356th infantry just behind the front lines in France.

"We shall appreciate it even more in the future," he continues. "For it goes right up to the front with us. You people back home who work and support the good agencies are doing something just as necessary as the soldier who fixes his bayonet and goes over the top.

"Our company is quartered near a quaint little French village. With its old houses of stone, its walls and its old church with the pointed steeple and square tower, it makes a veritable picture, as one goes away from it in the evening and looks down on it from the top of some pine-crowned hill. The houses are built against each other in a crooked fashion which makes the streets winding. Where we have side walks the French have drains, and while our streets must be kept clean theirs are filled along the sides with wagons, plows and piles of straw and wood. It all seems strange to us and we, likewise, are strange to the French. We drink lots of water and we eat on the streets which is the height of ill-breeding to them."

Perfection Oil Heaters—Matthews Hardware Co.

Little Wonder gas cook stoves, \$12—Matthews Hardware Co.

# DO NOT FEAR INFLUENZA!

*Learn How to Avoid It  
How to Care for Those Who Have It  
What to do If You Get It*

## What to Do Until the Doctor Comes:

If you feel a sudden chill, followed by muscular pain, headache, backache, unusual tiredness and fever, go to bed at once.

See that there is enough bed clothing to keep you warm and make you sweat.

See that you get plenty of fresh air.

Take medicine to open the bowels freely.

Take some nourishing food, such as milk, eggs-and-milk or broth, every four hours.

Stay in bed until a physician tells you it is safe to get up.

Allow no one else to sleep in the same room.

Protect others by sneezing or coughing into handkerchiefs or cloths, which should be boiled or burned.

Insist that whoever gives you water or food or enters the sickroom for any other purpose shall wear a gauze mask, which may be obtained from the Red Cross or may be made at home of four or six folds of gauze and which should cover the nose and mouth and be tied behind the head.

Remember that these masks must be kept clean, must be put on outside the sickroom, must not be handled after they are tied on and must be boiled thirty minutes and thoroughly dried every time they are taken off.

### To Householders:

Keep out of the sickroom unless attendance is necessary.

Do not handle articles coming from the sickroom until they are boiled.

Allow no visitors, and do not go visiting.

Call a doctor for all inmates who show signs of beginning sickness.

The usual symptoms are: Inflamed and watery eyes, discharging nose, backache, headache, muscular pain and fever.

Keep away from crowded places, such as movies and theaters.

See to it that your children are kept warm and dry, both night and day.

Have sufficient fire in your home to disperse the dampness.

Open your windows at night. If cool weather prevails, add extra bed clothing.

### To Workers:

Work to work if possible.

Avoid the person who coughs or sneezes.

Wash your hands before eating.

Make full use of all available sunshine.

Do not use a common towel. It spreads disease.

Should you cough or sneeze, cover nose and mouth with a handkerchief.

Keep out of crowded places. Walk in the open air rather than go to crowded places of amusement.

Sleep is necessary for well-being—get nine hours of it. Avoid overexertion. Eat good, clean food.

Keep away from houses where there are cases of influenza.

If sick, no matter how slightly, see a physician.

If you have had influenza, stay in bed until your doctor says you can safely get up.

### To Nurses:

Keep clean. Isolate your patients.

When in attendance upon patients, wear a mask which will cover both the nose and the mouth. When the mask is once in place, do not handle it.

Change the mask every two hours. Owing to the scarcity of gauze, boil for half hour and rinse, then use the gauze again.

Wash your hands each time you come in contact with the patient. Use bichloride of mercury, 1-1000, or Liquor Cresol compound, 1-100, for hand disinfection.

Obtain at least nine hours' sleep in each twenty-four hours. Eat plenty of good, clean food. Walk in the fresh air daily.

Sleep with your window open.

Insist that the patient cough, sneeze or expectorate into cloths that may be disinfected or burned.

Boil all dishes. Keep patients warm.

TO AUTOMOBILISTS—Help the Cause by Furnishing Free Rides To and From Work to the Limit of Your Cars.

PUBLISHED THROUGH COURTESY OF

## C. B. Miller Shoe Company

Columbia, Missouri